

SLEEPS UNTIL CHRISTMAS

_____ sleeps until Christmas

Color one tree every night, after the story.

Dec 1 | Dec 2 | Dec 3 | Dec 4 | Dec 5 | Dec 6

Dec 7 | Dec 8 | Dec 9 | Dec 10 | Dec 11 | Dec 12

Dec 13 | Dec 14 | Dec 15 | Dec 16 | Dec 17 | Dec 18

Dec 19 | Dec 20 | Dec 21 | Dec 22 | Dec 23 | One more sleep



When the last tree is colored: one more sleep. Just one.

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Watch your child's face when the kid waiting for Christmas morning is them.
Coming soon. **Scan to be first to know.**



FOR THE CHRISTMAS EVE BOX

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For _____.

Tonight is a waiting night. The tree is lit, and there is one more sleep to go. One is tiny. One is almost nothing.

Here is how we wait. Breathe in, like you are smelling the tree. Breathe out, like you are blowing the lights soft. Say goodnight to the tree, and then the grown-ups who love you will do the usual story and the usual cuddle.

Hands on tummy. Take a breath. One more sleep.

When you open your eyes, it will be morning. I will be in the tree.

Love, Finn

P.S. from the grown-ups who love you: _____

How we use it

The strip goes on the fridge on December 1. One tree a night, after the story, so the coloring is the last calm thing and the counting is in sleeps, never days.

Do the tree breath with them. In through the nose like smelling the pine, out slowly like blowing the lights soft. Hands on tummy.

The note goes in the box, or on the pillow. Read it once, slowly, after the bath. Then the usual bedtime, in the usual order.

Hold up one finger. Low, where they can see it. One sleep is a thing they have done. Hours are air.

Watch your child's face when the kid waiting for Christmas morning is them.

A story of their own Christmas Eve, with their name in it: the stocking, one more sleep, the tree breath, the morning after. Coming soon. **Scan to be first to know.**

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Free bedtime routine in the app