



YOUR FIRST LOST TOOTH

For _____.

Dear _____,

I watched that tooth wiggle for days. You wiggled it and wiggled it, and then it came out all by itself, a bottom front left one, your very first. You were so brave.

The Tooth Fairy came by for it in the night. I held the pillow steady while she looked, and she said it was a very fine tooth. She left you something small, and I left you this.

If the gap feels strange tonight, that is okay. A grown-up tooth is already on its way, and that one stays. Someone who loves you very much is right there if you want to show it off again.

Finn

THE ONE WHO WATCHED THE WIGGLE

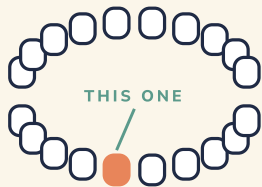


OFFICIAL RECORD · FIRST LOST TOOTH

_____ lost a *tooth*.

A bottom front left one, her very first, on _____.

WHICH ONE



top teeth above, bottom teeth below

HOW IT CAME OUT

Wiggled out, all by herself.

WHERE THE TOOTH WENT

Into the tooth pillow for the night.
The Tooth Fairy came for it.

THE BRAVE BIT

Brave about the whole thing.

WHAT HAPPENS NEXT

A grown-up tooth is on its way.
Nineteen to go.

WITNESSED BY

WITNESSED BY

FINN'S PAW



When the night goes a bit wrong

Four notes from Finn, already written, for the four things that happen most. Cut one out, add the small thing, done. In a hundred families' stories, nobody's visitor ever refused to come, and yours won't either.



THE FAIRY DIDN'T COME LAST NIGHT

Dear _____,

I'm so sorry. The wind over your house was wild last night, and the Tooth Fairy couldn't land. I kept your tooth safe on the windowsill the whole time. She came tonight instead, and she left a little extra to say thank you for waiting.

Waiting is a big-kid thing to do. You did it.

Finn

THE ONE WHO WATCHED THE WIGGLE



THE TOOTH GOT SWALLOWED

Dear _____,

Your tooth got swallowed? That happens more than you'd think. The Tooth Fairy doesn't need the tooth to know it came out. She saw the gap, and the gap is the proof. She came anyway, and so did I.

A grown-up tooth is already on its way, and that one stays.

Finn

THE ONE WHO WATCHED THE WIGGLE



THE TOOTH GOT LOST (AT SCHOOL, IN THE GRASS, DOWN THE SINK)

Dear _____,

I heard your tooth went missing before bedtime. Teeth are tiny and the world is big, so this happens all the time. Your grown-ups wrote the Tooth Fairy a note to say it was real, and that was all she needed. She came, and I came too.

Wherever that tooth is, it did its job. The gap is yours.

Finn

THE ONE WHO WATCHED THE WIGGLE



THE DENTIST HELPED IT OUT

Dear _____,

I heard the dentist helped your tooth out today, and that you sat so still. That takes a different kind of brave than wiggling, and the Tooth Fairy counts it exactly the same. A tooth that comes out at the dentist is still your tooth, and tonight was still your night.

Soft food tomorrow, and a very good smile.

Finn

THE ONE WHO WATCHED THE WIGGLE



If she forgot: the note, a reason (the weather is the classic), the usual amount, and one small extra. That is what every family who forgot did, and the children were fine by breakfast. **Say it before the first tooth, not after:** teeth lost after bedtime get collected the next night, and bad weather grounds her. Then a miss is a rule, not a mistake.

The first tooth, on one page



Simpler than it feels at 11 p.m. Get a few things ready before the tooth is even loose, let it come out on its own, and don't improvise the night.

Do this before the first wiggle

- ☐ **Put the money in the drawer now.** Almost every "the tooth fairy forgot" story starts with no cash in the house at bedtime.
- ☐ **Pick your amount and stick to it.** Most families leave a few dollars, a bit more for the first tooth. A dollar into a piggy bank is plenty. You'll be doing it twenty times, so decide now, not with a tooth in your hand.
- ☐ **Give the tooth somewhere to go.** A tooth pillow, a little box, a cup on the dresser. If your kid doesn't want anyone sneaking in, the box can sit outside the door.
- ☐ **Say the rules out loud, early.** "After bedtime, she comes the next night." "Bad weather, next night." "Lost the tooth, we leave a note." Then a miss is just the rule.
- ☐ **Decide now if you're keeping the teeth.** A labelled envelope in a safe spot, or let them go. A box of teeth found in a drawer is how most kids find out.

The tooth itself

- ☐ **Around six, usually a bottom front one.** A year earlier or later is fine. Ask the dentist if one is lost before four, none have loosened by eight, or a grown-up tooth is coming in behind one that won't budge.
- ☐ **Let them wiggle it. Don't pull.** If it's hanging by a thread and they want it out, a clean tissue and one quick twist. No string, no doorknob.
- ☐ **A little blood is normal.** Rinse with cool water, press a clean cloth for a few minutes, soft food for the day.
- ☐ **Swallowed it?** It passes on its own. Call the doctor only if there's coughing or trouble breathing. And she still comes; that's what the note is for.

What to say

- ☐ At bedtime: "It might feel a bit funny and there might be a tiny bit of blood. It's quick, and I'll be right there."
- ☐ "What if I swallow it?": "Then we write her a note, and she still comes."
- ☐ "My friend got \$20": "Every tooth fairy is different. Ours leaves what's right for our house."
- ☐ "Is she real?": Start with "What do you think?" If they ask you straight, tell them straight and kindly, and let them help with a younger sibling's turn. Kids who find out that way are fine.

What's behind this: the American Academy of Pediatric Dentistry, the American Academy of Pediatrics, the Cleveland Clinic, Delta Dental's yearly poll of 1,000 US parents, and about 100 families' own stories.



Watch your child's face when the kid losing the tooth is them.

A storybook film with their name in it, their wobbly tooth, their morning after. **Scan to watch a scene.**



fablefleet.com/stories/lost-tooth

Free bedtime routine in the app